

# Marvel Mediation & Counselling

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February 26, 2014

Re: Du It For The Skipper 2014

In support of Northumberland Hills Hospital Lions & Lioness Chemotherapy Clinic

Dear Sir/ Madam:

My name is Paul Brown, and tomorrow marks one (1) year since my father died of cancer. He was 69<sup>1/2</sup>.

My father was diagnosed with cancer on April 30, 2004, and received treatment at several medical facilities. During the last years, he requested that his treatment be overseen by the staff at Northumberland Hills Hospital. While we were preparing for his funeral, he asked that donations be made to the hospital when he died. Of course, we honoured this request.

In 2012, I became involved in Duathlons (Run-Cycle-Run). Since beginning races, I've used them as a catalyst to raise funds for charities. In 2012, I raised \$1600 for Sick Kids Hospital and in 2013, I raised over \$2600 for Northumberland Hills Hospital Lions & Lioness Chemotherapy Clinic in my father's name.

This year, I will again be raising funds for Northumberland Hills Hospital Lions & Lioness Chemotherapy Unit in my father's name. My goal for 2014 is to raise \$2500. Most of the money raised last year was from friends and family in the wake of my dad's passing. I'm hoping that this year, I can gain support from the community as well.

The event will be held on October 26, 2014; my father's birthday. I will cycle 60.5km, and then finish with a 9km run. The run is the most challenging for me, and it represents the years that my father had cancer. That's why it's at the end of the race. I will end my run at the roundabout in front of the Northumberland Hills Hospital. During the race, I will have a support vehicle following with a "Du It For The Skipper" banner on the back.

Any support that your organization can provide would be greatly appreciated. I am currently looking for sponsors as well as media coverage to promote the event. Should you require further information, please feel free to contact me at paul@marvelmediation.com or 905.375.2113. To check for validity, Adrienne Barrie is my contact person at Northumberland Hills Hospital Foundation (905.372.6811, ext 3068).

Sincerely:



Paul Brown, HonBSc, AccFM, CP Med